



Twin Oaks Country Day School

LUNCH

September 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
9/9 Chicken Nuggets Broccoli Florets Rice Applesauce	9/10 Breakfast for Lunch Cheese Cubes Cooked carrots Fruit Cocktail	9/11 Fish Sticks Tater Tots Corn Oranges	9/12 Grilled Cheese Corn Peaches	9/13 Pasta and Sauce Meatballs Cucumber Strips Pears
9/16 Pizza Salad Oranges Ice Cream	9/17 Cut up Hot Dogs with Bun French Fries Pears	9/18 Breakfast for Lunch Cheese Cubes Cooked carrots Peaches	9/19 Fish Sticks Tater Tots Corn Fruit Cocktail	9/20 Chicken Nuggets Broccoli Florets Rice Applesauce
9/23 Grilled Cheese Sweet Potato Fries Peaches	9/24 Chicken Nuggets Broccoli Florets Rice Applesauce	9/25 Fish Sticks Tater Tots Corn Pears	9/26 Pasta and Sauce Meatballs Cucumber Strips Oranges	9/27 Breakfast for Lunch Cheese Cubes Cooked carrots Fruit Cocktail
9/30 School Closed for Rosh Hashanah				

*Fresh Fruit will be served whenever available (Bananas, Apples, Pears, Oranges)

*When specified foods are unavailable, appropriate substitutions will be made.

*1% milk, 100% juice and water will be served with all meals.

*Sandwiches will be served on Enriched Bread