

TWIN OAKS COUNTRY DAY SCHOOL

OCTOBER 2018 LUNCH MENU



Monday	Tuesday	Wednesday	Thursday	Friday
10/1	10/2	10/3	10/4	10/5
Pasta and Sauce Meatballs Cucumber Strips Peaches	Cheese Quesadillas Salsa and Chips Oranges	Chicken Nuggets Broccoli Florets Rice Applesauce	Pizza Salad Pears Ice Cream	Breakfast for Lunch Cheese String Beans Fruit Cocktail
10/8	10/9	10/10	10/11	10/12
School Closed for Columbus Day	Fish Sticks Corn Sweet Potato Fries Pears	Cut up Hot Dogs On a Bun Tater Tots Fruit Cocktail	Pasta and Sauce Meatballs Cucumber Strips Peaches	Chicken Nuggets Broccoli Florets Rice Applesauce
10/15	10/16	10/17	10/18	10/19
Grilled Cheese Cooked Carrots Fruit Cocktail	Breakfast for Lunch Cheese String Beans Peaches	Macaroni and Cheese Cucumber Strips Oranges	Chicken Nuggets Broccoli Florets Rice Applesauce	Pizza Salad Pears Ice Cream
10/22	10/23	10/24	10/25	10/26
Fish Sticks Corn Sweet Potato Fries Pears	Chicken Nuggets Broccoli Florets Rice Applesauce	Pasta and Sauce Meatballs Cucumber Strips Peaches	Grilled Cheese Cooked Carrots Fruit Cocktail	Cut up Hot Dogs On a Bun French Fries Oranges
10/29	10/30	10/31		
Chicken Nuggets Broccoli Florets Rice Applesauce	Pizza Salad Fruit Cocktail Ice Cream	Breakfast for Lunch Cheese String Beans Pears		

- * Fresh fruit will be served whenever available (bananas, apples, oranges)
- * When specified foods are unavailable, appropriate substitutions will be made
- * Water, 100% juice and 1% milk is served at every meal